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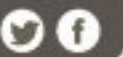


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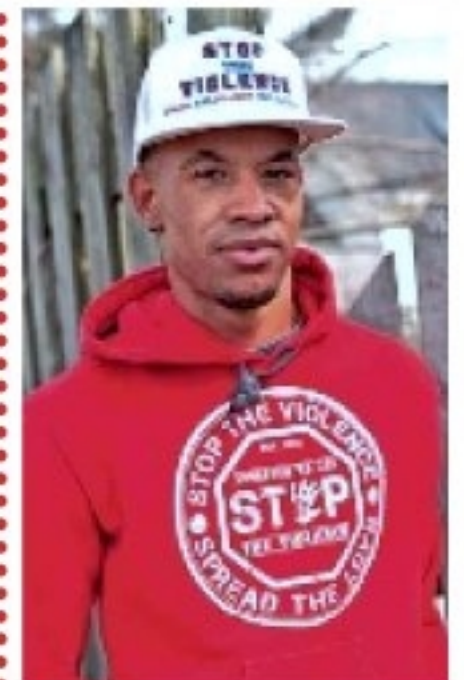


HOMICIDES IN HALIFAX

'We will be out there in full force protecting the community'

Deputy Chief Bill Moore

**City on edge after
recent string of killings**
metroNEWS



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Man pushing end to
violence organizing
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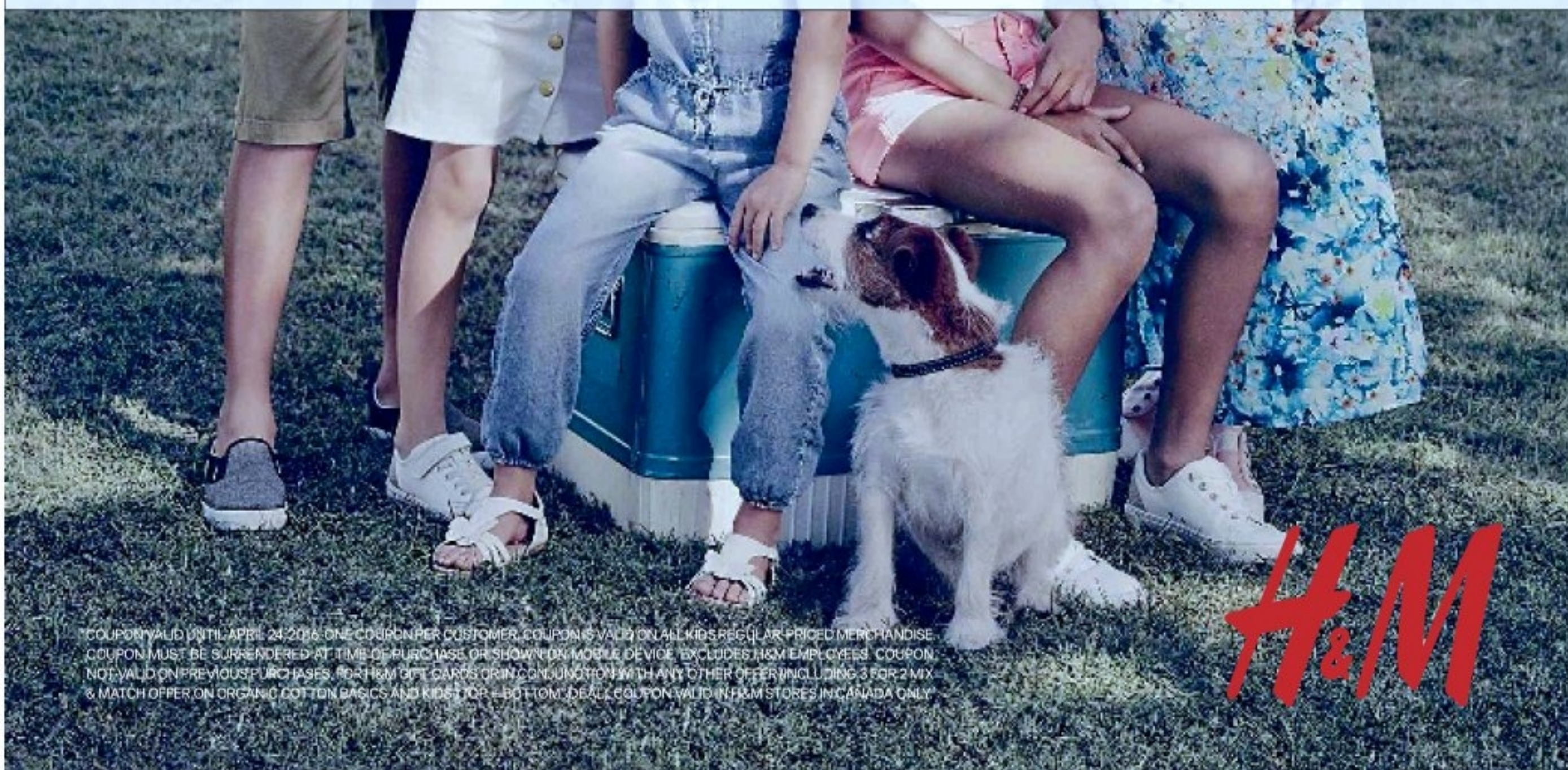


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HOMICIDES IN HALIFAX

Shootings have city on edge

CRIME

Police seeking potential motives in recent murders



Yvette d'Entremont
Metro | Halifax

With two homicides in three days and the city on edge, Halifax Regional Police Deputy Chief Bill Moore is asking that cooler heads prevail.

"Obviously we are well aware that the fact this is occurring in the public sphere has caused a bit of an alarm," Moore said during a Wednesday press conference.

"What I can tell you is that we have a number of investigators working on this matter."

On Tuesday night, police were called around 11 p.m. to reports of gunfire in the 2000 block of Gottingen Street.

Upon arrival they found two males inside a vehicle. Police said one man died at the scene while the second was taken to hospital with life-threatening injuries.

This latest killing follows closely on the heels of the homicide of Tyler Richards in Halifax's west end Sunday night. Police confirmed on Wednesday that

he had also been shot.

"This is not what I would put as arbitrary people being randomly selected as they walk down the street," Moore said.

Moore said it is a concern when one shooting closely follows another, and both have common elements.

He said part of their investigation is looking at a possible connection between the two most recent shooting deaths.

"We're reaching out to the community to make sure that the community is aware of what's going on and trying to garner that support to ... have cooler heads prevail," Moore said.

“

We're going to be very vigilant over the near future.

Deputy Chief Bill Moore

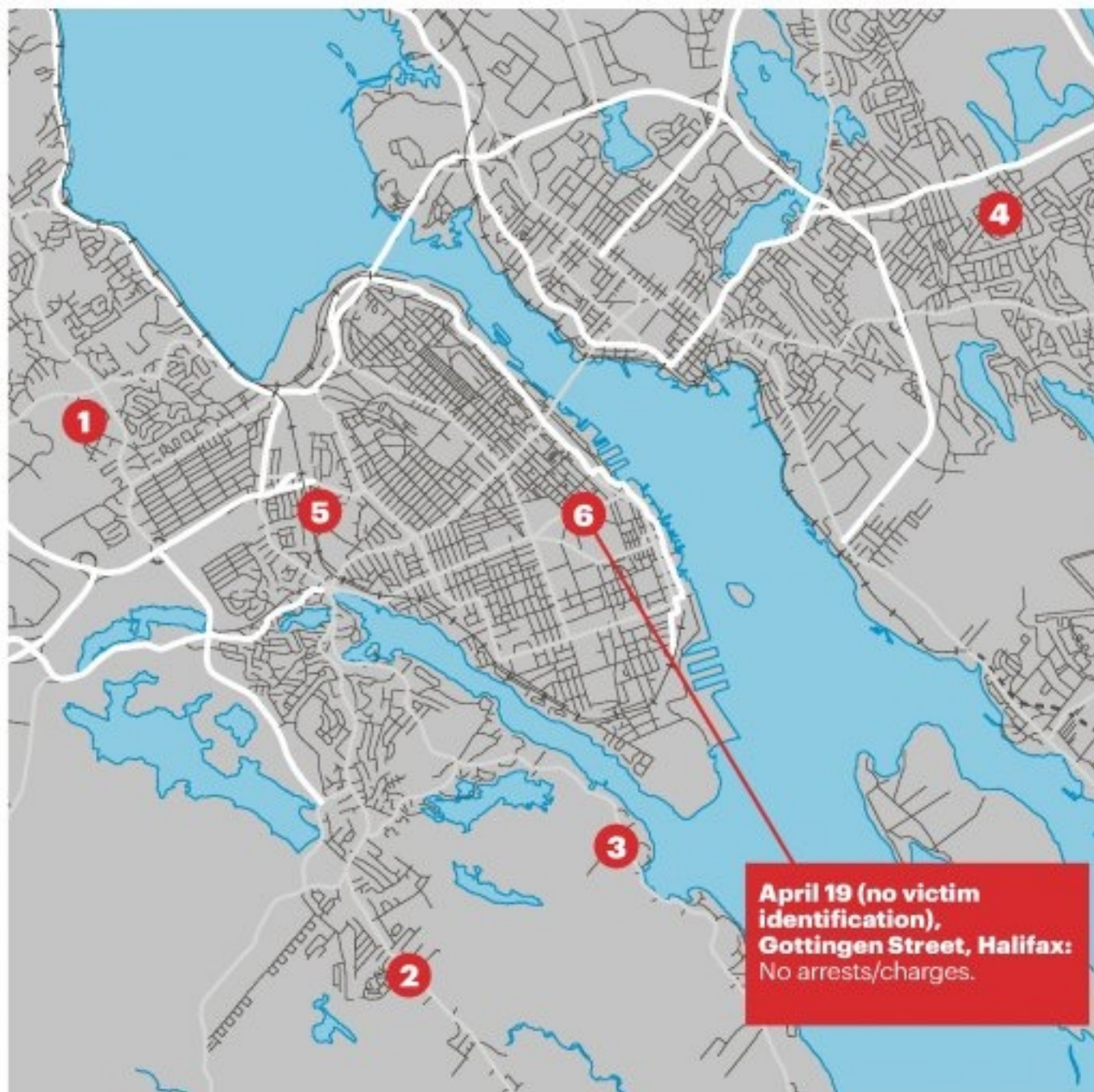
"And ... to let people know that we will be out there in full force protecting the community and trying to disrupt anything that may occur."

Although he couldn't confirm if the two most recent shootings were drug-related, Moore said that was part of the investigation.

When asked about the possibility of gangs, he said gang-related wasn't a term he would use.

"We know that they have been in contact and had interactions in the past... They're at least known parties to each other," he said.

"We're still early in the investigation looking at motives and we are not presupposing anything at this point. This is really just an initial piece to say



Police are investigating the two most recent murders for a possible connection due to their close proximity to each other. GRAPHIC: ANDRES PLANA/METRO

that we are out there."

Reached via phone in Norway on Wednesday, Mayor Mike Savage said he knew the latest shootings were on everybody's

mind, but he expressed confidence police were doing everything to keep people safe.

"Guns are dangerous when they're on the street and when

they're combined with drugs particularly so," Savage said.

"I do think our police force and certainly the administration are very focused on this,

and I have a lot of faith in their ability to both investigate these and to continue to work at the community level to make sure that people are safe."

6

There have been a total of six homicides across Halifax so far this year.

1 Jan. 21, Frank Lampe, Harlington Crescent, Halifax: Second-degree murder charges laid.

2 March 2, Blaine Clothier, Autumn Drive, Halifax: Second-degree murder charges laid.

3 March 26, Kristin Johnston, Oceanview Drive, Halifax: Second-degree murder charges laid.

4 March 29, Joseph Cameron, Mount Edward Road and Spring Avenue, Dartmouth: No arrests/charges.

5 April 17, Tyler Richards, Cook Avenue, Halifax: No arrests/charges.

April 19 (no victim identification), Gottingen Street, Halifax: No arrests/charges.

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HOMICIDES IN HALIFAX

Police ask public for help after two men are killed in three days

CRIME

23-year-old man from Dartmouth shot Tuesday



Yvette d'Entremont
Metro | Halifax

Halifax police are asking for the public's help as they investigate the city's two most recent homicides, bringing this year's total to six.

They're also hoping to ensure there's no retaliation for either of the shooting deaths.

"We believe strongly that there are people in the community that would have information in relation to this present homicide that just occurred, and the one of Mr. Richards the other night, and even the one from previous," Halifax Regional Deputy Police Chief Bill Moore said during a press conference on Wednesday.

On Tuesday night, police were called around 11 p.m. to reports of gunfire in the 2000 block of Gottingen Street. Upon arrival they found two males inside a vehicle.

One 31-year-old man originally from Halifax was taken to hospital with life-threatening injuries, but police say his condition has since improved.

The second man, a 23-year-old from Dartmouth, died at the scene and is the region's sixth homicide death this year



Halifax Regional Police Deputy Chief Bill Moore updates the media at Police Headquarters on Wednesday. JEFF HARPER/METRO

and the second in three days. On Sunday, the body of Tyler Richards was found in Halifax's west end. He was also shot.

Police are also still investigating the March 29 homicide of Joseph Cameron. He was shot and found lying on a sidewalk in Dartmouth.



We all have a role to play to stop the violence in our community.

Halifax Regional Police statement

"We've been asked if these three most recent homicides are connected. We're in the

early stages of (Tuesday) night's incident and are exploring the possibility that it is connected

to the Tyler Richards homicide," police said in a press statement issued Wednesday.

"While we continue to investigate the Joseph Cameron homicide at this point to link it to the last two homicides."

Moore said officers were

+ ELSEWHERE

Homicides in other Canadian cities this year:

- **Toronto:** 26
- **Winnipeg:** 7
- **Ottawa:** 6
- **Edmonton:** 16
- **Vancouver:** 12

working with the community to try and garner information and that the public could expect to see an increased police presence.

"Police are as concerned as our citizens about these senseless acts and our investigators are working around the clock to identify and hold accountable those responsible," police said in their press statement.

On Wednesday police said they were reaching out to citizens and community groups who may have influence with the "hopes of diffusing recent hostilities."

They urged anyone with information on the homicides or any potential retaliation to the shootings to come forward.

Investigators are also seeking footage and witnesses from Tuesday night's Gottingen Street shooting.

"Police are doing everything possible to disrupt additional violence, but we need community support," the police statement said.

TYLER RICHARDS

Peace march 'a no brainer' for organizer



Philip Croucher
Metro | Halifax

The man behind Stop the Violence Spread the Love is organizing a community peace march after yet another killing in our city.

Quentrel Provo told Metro on Wednesday he was already considering the idea of a public march after his friend Tyler Richards was shot and killed on Sunday night. But following another shooting death on Tuesday night, he's acting — now.



Tyler Richards, who was shot and killed on April 17. METRO FILE

Provo said the march will begin Sunday at 4 p.m. at Nova Scotia Drive and Duffus Street and will finish at Grand Parade.

"We have to stop the violence. It's a no brainer," said Provo, who awoke Wednesday morning to news of Tuesday night's fatal shooting on Gottingen Street.

"We are becoming the Chicago of Canada."

Provo is calling on everyone to attend the march, no matter your race, gender or where you live.

He even wants police to get involved.

"I want them to come out and march with us ... even the cops that are off duty," he said.

"We have to take back our streets."

GOTTINGEN STREET

Reaction on the street



Nicole Gnazdowsky
For Metro | Halifax

What some had to say on Gottingen Street Wednesday following our city's latest killing:

"I heard the gun, the response was very good, police were there super quick, probably because of the proximity to the cop station. It feels out of place to the neighbourhood to me, to a point I still feel like it seems like it's under development, like it's getting better,

not worse." — **Nick Kinsman**

"I grew up here years ago, I am shocked and sad but I am not afraid to be a part of the community. I know the people who live here are shocked and worried that the neighbourhood will get that bad reputation."

— **Lillian Loopie**

"I think if you're walking on the street, minding your own business, you're not going to have a problem."

— **Mike Crossman**



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Big Lift staying on schedule

CONSTRUCTION

Two deck segments to be replaced on weekends

Sarah Rae
For Metro | Halifax

The MacDonald Bridge will be closed most weekends for the rest of the year to finish the Big Lift on schedule, as workers will now be replacing two deck segments each weekend.

Halifax Harbour Bridges (HHB) general manager and CEO Steve Snider, and Big Lift project manager and chief engineer Jon Eppell, discussed the revised schedule Wednesday.

Eppell said delays have been caused largely by a steep learning curve, equipment issues, and poor weather.

"We're recalibrating and hoping to get back as close to schedule as we can and the best way to do that is put in



Workers replace a section of the Macdonald Bridge as part of the Big Lift. JEFF HARPER/METRO

“We're recalibrating and hoping to get back as close to schedule as we can.”

Jon Eppell

two segments per weekend," he said.

They said they're quite confident that with this schedule, all deck segments will be re-

placed by the end of the year.

Snider said the weekend replacements will also take away the risk of late openings Monday to Friday because there's

a buffer of time on weekends.

In terms of the budget, Snider said the estimated cost is "within a whisker" of the original plan of \$205 million,

now standing at \$207 million.

He said the extra costs are due mostly to materials and additional crew members.

Next weekend, April 29 to

+ NEW TARGETS

Here are the revised deadlines for the project.

October 2016

Finish paving about 80 per cent of the suspended spans (Dartmouth side span and the main span).

December 2016

Complete deck segment replacement AND open access to daily active transportation.

Summer 2017

Finish paving the Halifax side span.

Fall of 2017

Complete project.

May 1, will be the first time they replace two decks in one weekend.

The MacDonald Bridge will be open Monday to Friday 5:30 a.m. to 7 p.m. until all deck segments are replaced.

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CRIME

Cigarette tax hikes could fuel illegal N.S. tobacco: Business

Haley Ryan
Metro | Halifax

New tax hikes on cigarettes means smokers will likely turn to illegal tobacco rather than quitting, the Atlantic Convenience Stores Association (ACSA) said Wednesday.

A day after the provincial budget raised the tobacco tax from two cents per cigarette to 27.52 cents (a hike of 50 cents for a 25-pack), the association said without concrete action against illegal tobacco,

the higher prices just make the problem worse.

"The government isn't helping people quit smoking," Mike Hammoud, president of the ACSA said, in a release.

"They banned flavoured tobacco last year and smokers have simply switched to unflavoured products or started buying cheap illegal cigarettes sold by criminals."

All Nova Scotians should

be concerned about illegal tobacco, says Hammoud, since it often funds other criminal activity and takes away "badly needed revenue" from the province.

Hammoud referenced a major seizure of more than a million illegal cigarettes in Nova Scotia a few weeks ago.

"Let's not kid ourselves, the illegal cigarette market is active here in Nova Scotia," Hammoud said.

“The illegal cigarette market is active here in Nova Scotia.”

Mike Hammoud

IN BRIEF

Mounties seek witnesses to alleged sexual assault

RCMP say a woman jogging on a trail in Cookville, near Lunenburg, was touched inappropriately by someone who approached her from behind on a motorcycle.

She was knocked down and suffered minor injuries, and police say the suspect fled. He was described as

wearing a black helmet with a face shield, a black coat with a brown patch across the shoulders, and black work gloves.

THE CANADIAN PRESS

Teen's lawyer seeks to ease bail conditions

A lawyer for a Nova Scotia teen charged with making death threats in an original song he posted online

says he'll apply to have his client's bail conditions amended.

The 18-year-old from Inverness pleaded not guilty to the charge during a hearing in Port Hawkesbury provincial court Tuesday and his trial is scheduled to take place Aug. 30.

He has been under house arrest for almost a month.

THE CANADIAN PRESS



A couple looks over a proposed plan for Shannon Park on Wednesday night in Dartmouth.
NICOLE GNAZDOWSKY/FOR METRO

Plan in place for Shannon Park

DEVELOPMENT

Area concept includes school, waterfront community



Nicole Gnazdowsky
For Metro | Halifax

Rejuvenation is in the cards for Dartmouth's Shannon Park, with the area soon to turn into what's being dubbed a vibrant urban waterfront community.

After community feedback, Lands Canada and WSP announced their preferred concept plan for the Shannon Park development at Shannon Park School Wednesday night.

The preferred concept plans are not final, and are likely to change and develop with the times.

"You kind of have to put the plans on the table, say here, let's try this, and make sure all the pieces fit," said Greg Zwicker, planning and public consultant for WSB engineering consultants.

The preferred concept includes a new school, mixed residences and a vibrant waterfront.

Developers also want to make sure the area is pedestrian and bicycle friendly with a network of trails running throughout. This will be the first stage of the project in an attempt to attract people to the new development, and more specifically the views.

"Very few people have been down here in the last 10 to 15 years, the trail will be along the water, you really have to put

your best foot forward and really start to showcase the area," said Zwicker on Wednesday.

Many who attended Wednesday's meeting were pleased with the preferred concept plan.

"I find it excellent. They're finally going to do something with the land but still keep it the same. I grew up fishing in these coves so to see them kept is excellent," said Michael Graham.

But others weren't as impressed, thinking the land would be better fit for other purposes.

"I thought this property would have been perfect for a large commercial trade show business, like a replacement for Exhibition Park, we have nothing like that anymore and we need one," said Norman Wiechert.



I like the idea of public spaces where there is not a lot of obstruction of the view.

Don Ingram

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'Moral concerns' raised over video lottery revenue

CASINOS

\$34.8M jump may be coming from problem gamblers: NDP

Nova Scotia's opposition parties are raising "moral concerns" that problem gamblers are driving an increase in gambling revenues, putting the provincial government on the defensive for scrapping a program intended to curb excessive video lottery terminal use.

Opposition parties questioned the government's commitment to responsible gambling in the legislature Wednesday after this week's provincial budget estimated overall revenue for the provincial lottery corporation would increase by \$34.8 million in 2016-17 compared to the previous year's estimate.

The increase is largely driven by an estimated \$27.1 million jump in video lottery terminal revenue over last year, according to the business plan submitted by the Nova Scotia Provincial Lotteries and Casino Corporation as part of Tuesday's budget.

The corporation estimated \$144.6 million in VLT revenue — up from \$117.5 million last year.

"There are moral concerns that these revenues could come from problem gamblers," NDP leader in the house Marian



Opposition parties are questioning the province's commitment to responsible gambling after the recent budget estimated overall revenue for the lottery corporation will increase by \$34.8 million in 2016-17. THE ASSOCIATED PRESS

“With the reduction in the My-Play we are seeing recreational use of (Video Lottery Terminals) going up.”
Premier Stephen McNeil

Mancini told the legislature.

"My question for the premier: does he have any moral objections to the dramatic increase in VLT revenues?"

Premier Stephen McNeil said

the increase was related to the government's decision in 2014 to eliminate My-Play, a program that was intended to reduce excessive VLT gambling.

McNeil said that was done

because the system simply didn't work.

"With the reduction in the My-Play we are seeing recreational use of VLTs going up," said McNeil. "We're still below the highs of revenue when it came to the use of VLTs ... and we continue to work with organizations when it comes to problem gambling."

Under the My-Play system,

people inserted cards into VLTs to set voluntary spending and time limits.

When the government scrapped the system it said only a small percentage of players were using real-time and historical limits and many problem gamblers were using more cards in a single session.

The government also said it was faced with having to spend \$1 million to upgrade a system that cost about \$4.5 million a year to operate.

At the time the minister responsible for Part 1 of the Gaming Control Act was Andrew Younger, who now sits as an Independent member of the legislature.

On Wednesday, Younger asked current minister Michel Samson why VLT revenues were expected to increase in Nova Scotia when they are expected to fall in many other jurisdictions in the country.

Samson said that aside from the removal of My-Play, new VLT machines were brought in after complaints of problems with some of the older machines by users and business owners.

"One of the reasons why we are seeing more participation is because of the refreshing of those terminals," Samson said.

According to the documents, the corporation is budgeting \$7.4 million for those programs in 2016-17, an increase over last year's estimate of \$6.9 million.

THE CANADIAN PRESS

RESTRUCTURING

Cruise line goes bankrupt

Nova Star Cruises has filed for bankruptcy.

Deloitte Restructuring Inc. posted a bankruptcy notification listing the date of bankruptcy as April 13.

According to a notice issued by the Office of the Superintendent of Bankruptcy Canada, a meeting of creditors will be held May 4 at the Mackinnon-Cann Inn in Yarmouth.

The list of debts owing totals up to \$15,128,735.68, with only \$142,000 in assets listed.

Nova Star Cruises owes more than \$230,000 to Nova Scotian creditors, according to bankruptcy filing, including almost \$40,000 to the Town of Yarmouth.

Fifty-six Nova Scotia organizations, businesses and people are listed in the documents. Individuals and small businesses are among those owed.

Accounting and business services firm Grant Thornton LLP in Halifax is owed the most in Nova Scotia: \$51,681.

The Town of Yarmouth is next on the list: Nova Star owes the town that welcomed it in 2014 \$37,915.79.

Nova Star Cruises operated for two seasons, sailing between Portland and Yarmouth. In that time, the company received nearly \$40 million in start-up and operating costs from the province of Nova Scotia.

In both of its sailing seasons Nova Star's passenger counts fell well below their projection targets.

Last October, the province announced it was ending the relationship with Nova Star for the service between Maine and Nova Scotia, after putting out a request for proposals for a ferry operator for 2016 and beyond.

TC MEDIA

\$15M

According to reports, Nova Star Cruises is up to \$15,128,735 in debt, with over \$230K owed to creditors in Nova Scotia.

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SAFETY

Motorists clued in by 'Cop Line Bling'

The Mounties in Nova Scotia have released a video that parodies Drake's drunk-uncle-at-a-wedding dance moves in a bid to remind motorists of the province's "Move Over" law.

In "Cop Line Bling," a handful of RCMP officers cheerfully mimic the Toronto rapper's Hotline Bling video while a uniformed frontman lip-syncs.

Cpl. Jennifer Clarke said the spoof song and video were made to remind people of the law, which requires drivers to slow down and move into the farthest lane from any emergency vehicle that is stopped with its lights flashing.

Clarke — who appears in

+ CHECK IT OUT

Want to see the video? Cop Line Bling can be seen on the Nova Scotia RCMP's Facebook and Twitter pages.

Cop Line Bling — says she and her co-stars "had a blast" being deliberately goofy.

She says the goal was to use humour to make a serious point.

Reaction to the video after it was released on Facebook and Twitter Wednesday has been very positive.

THE CANADIAN PRESS

+ BAY FERRIES

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Firefighters and members of the public helped free two people who were trapped in the mud near the Pisiquid Canoe Club on April 18. TC MEDIA

Pair saved from sticky situation

WINDSOR

Eight-year-old boy and rescuer pulled from mudflats

An eight-year-old boy was waist-deep in thick, goopy mud and still sinking when he and a would-be rescuer were dug free, fire officials said Wednesday.

"When I came towards the scene there, the guys were yelling, 'They're still sinking,'" said Jamie Juteau of the Windsor Fire Department. "When mud gets around you, it's like suction."

"The problem is, you don't know where the actual bottom is there — we won't know, had the people not intervened, if he would've gone down further."

Juteau said the fire department

received a 911 call about the pair sinking on the mudflats of Lake Pisiquid in Windsor at about 6:15 p.m. Monday.

The boy had begun sinking while out playing, and the man became stuck after responding to his cries for help. A construction crew working nearby spotted the pair and threw down some sheets of plywood, said Juteau.

"When they laid the plywood out, that distributed the weight, and they were able to get out there and actually dig around a little bit with shovels to try to get them extracted," he said.

"Once you get the mud and stuff compressing against your chest, then it becomes difficult to breathe and then it can go a whole other way."

Juteau said the boy was up to his waist in mud when he arrived, while the man was up to about mid-thigh.

“

It'll hold you like concrete, if you're really into it.

Jamie Juteau,
Windsor Fire Department

Firefighters wearing rescue suits used shovels to finish digging the two out of the muck, he said.

"With the suction, they were really into (the mud). If you start pulling on them, you could really start causing some injuries to the joints and that type of thing."

The boy and the man, who Juteau said were not related, were not injured.

"He's OK and I think he learned something out of it," said Juteau.

THE CANADIAN PRESS

INFRASTRUCTURE

Muskrat Falls hydro project head quits

The man in charge of the \$9.2-billion Muskrat Falls hydro project in Labrador is stepping down amid increasingly intense scrutiny of cost and schedule overruns — but says he wasn't pushed to go.

Ed Martin announced his resignation Wednesday as president and CEO of Crown corporation Nalcor Energy, effective immediately.

Fallout was swift as, late Wednesday, a source who wasn't authorized to speak publicly con-

firmed that the entire Nalcor board is also resigning.

The project under construction near Happy Valley-Goose Bay is over budget, and delayed from next year until sometime in 2018. THE CANADIAN PRESS

\$9.2 billion

The price tag on the
Muskrat Falls development

+ THE PLAN

Dam, hydro station and transmission project is a joint venture

The development to bring Muskrat Falls power to the island of Newfoundland is a joint venture between **Nalcor and Nova Scotia utility company Emera.**

It would bring power to the island of Newfoundland and to Nova Scotia using cables under the sea and overland transmission lines.

THE CANADIAN PRESS

'This is a case for the history books'

COURT

Mike Duffy faces 31 fraud and breach of trust charges

Did Sen. Mike Duffy commit a crime or didn't he?

That's the question Ontario Court Justice Charles Vaillancourt will seek to answer Thursday when he passes judgment on the 31 counts of fraud, breach of trust and bribery Duffy has faced since July 2014.

But the much broader implications of the saga of the senator from Prince Edward Island are perhaps best summed up in Duffy's own words to the Senate in 2013 when he delivered a scathing rebuttal of the allegations swirling around him.

"This," Duffy thundered, "is a case for the history books."

It all began in 2012, when the auditor general issued a re-



An Ontario Court justice will announce his decision in the Mike Duffy trial on Thursday. THE CANADIAN PRESS

port that recommended taking steps to ensure members of the upper chamber were submitting enough proof their expense claims were for legitimate parliamentary business.

Questions about Duffy's own claims — including whether he was a legitimate resident of P.E.I., the province he'd been appointed in 2008 to represent

— began later that year. It was the first in a long chain of events that would, among other things, eventually force the departure of Nigel Wright, then the prime minister's chief of staff.

The bribery charge Duffy faces is the result of Wright's decision to personally pay the \$90,000 in living expenses Duffy claimed by declaring his long-

time home in an Ottawa suburb was actually a secondary residence.

The remaining 30 fraud and breach of trust charges relate to Senate money the Crown alleged Duffy either received for trips that had nothing to do with Senate work or that he funnelled through a friend's company to cover costs the Senate wouldn't pay for.

Duffy has pleaded not guilty to all charges.

The trial exposed the inner workings of a secretive Prime Minister's Office and the Conservative party machine, shaped the early narrative of last year's fateful election campaign and even led to at least one high profile Conservative publicly turning his back on the party.

If his sentence is anything other than a complete discharge — the most serious charge Duffy faces carries a maximum sentence of 14 years in jail — he'd be suspended until his appeals conclude. THE CANADIAN PRESS

DUFFY TRIAL

Five things to know before the verdict

Ontario Justice Charles Vaillancourt will deliver his decision Thursday on Sen. Mike Duffy's fraud, breach of trust and bribery charges, all of which stem from his controversial Senate housing and travel expenses.

1 Duffy faces 31 charges. They fall into five categories: issues related to living expenses Duffy claimed for his suburban Ottawa home; inappropriate expenses relating to personal and partisan activity; inappropriate expense claims assisted with personal attendance and funerals and related ceremonies; disbursements of money; and charges relating to the receipt of a \$90,172.24 cheque from Nigel Wright.

2 That he's a senator is a important element of the alleged crimes. The breach of trust charges Duffy faces are because of his role as a public official and he can be found guilty whether or not the crime would be an offence if committed by a private person.

3 He is facing jail time if convicted. The breach of trust charges carry a max-

imum penalty of five years in prison. Six of the fraud charges are for amounts over \$5,000, which carry a maximum 14-year term. The fraud charges under \$5,000 could be met with prisons terms of less than two years. The bribery count has a maximum 14-year sentence.

4 There's also the matter of his job. Duffy was suspended without pay from the Senate between November 2013 and the dissolution of the last Parliament in August 2015. After dissolution, his pay was reinstated but he remained on a leave of absence with no access to Senate resources because of his ongoing trial. What happens after the verdict is governed by two things: Senate rules and the Constitution.

5 Cases against other senators may hang in the balance. Two other senators are currently waiting to stand trial for their own expenses. Former Liberal senator Mac Harb and former Conservative senator Patrick Brazeau also face fraud and breach of trust charges. THE CANADIAN PRESS



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TORONTO



WINNIPEG



Some scenes of 4-20, the annual day of celebration for cannabis culture lovers, in different cities. METRO & THE CANADIAN PRESS

Legalization next spring

LEGISLATION

'We must do better,' health minister says

Health Minister Jane Philpott delivered an impassioned speech at a UN special session on drugs on Wednesday, where she announced Canada will introduce legislation next spring to spark the process of legalizing and regulating marijuana.

The announcement provides the first concrete signal from the Trudeau government about the timeline it has in mind to green-light pot for recreational purposes.

In her address, Philpott acknowledged the pot plan "challenges the status quo in many countries," but she said the Liberal government believes it's the best way to protect youth and enhance public safety.

Canada must do better when it comes to drug policy, she added, saying the government's approach will be rooted in science.

"I am proud to stand up for our drug policy that is informed by solid scientific evidence and uses a lens of public health to

maximize education and minimize harm," she said.

"As a doctor, who has worked both in Canada and sub-Saharan Africa, I have seen too many people suffer the devastating consequences of drugs, drug-related crime and ill-conceived drug policy. Fortunately, solutions are within our grasp."

Philpott began her speech with an emotional recounting of a story she recently heard from a mother who lost her daughter to substance abuse.

The woman told of watching her daughter die as she sought help for her, the minister said.

"She described watching her daughter slip away as she struggled to access the treatment and services that should have been available to save a beautiful, fragile life," she said.

"Stories like this are far too commonplace. Countless lives are cut short due to overdoses of licit and illicit substances. Today, I stand before you as Canada's minister of health to acknowledge that we must do better for our citizens."

Philpott's speech happened to coincide with 4-20, the annual day of celebration for cannabis culture lovers.

THE CANADIAN PRESS

GQ names Trudeau most stylish politician

He's sexy, he's suave and he's prime minister — but is Justin Trudeau the most stylish politician in the world?

GQ seems to think so. The men's magazine editorial board named Trudeau "the most stylish politician alive right now."

"Justin Trudeau's meteoric rise from political young gun to Internet superhero might have something to do with the Canadian's Obama-like levels of chill," the publication wrote.

To be fair, Trudeau doesn't have much in the way of com-

petition. U.S. President Barack Obama's dad jeans, U.K. Prime Minister David Cameron's polo shirts, and Russia's Vladimir Putin's penchant for going shirtless leave much to be desired sartorially. But there is an undeniable je ne sais quoi about Trudeau's sense of style, says Jeff Rustia, founder of Toronto Men's Fashion Week.

"It all goes hand in hand. The watch, the socks, the gear, the cars, it's all very consistent," he said.

Rustia says Trudeau has be-

come the ambassador for Canadian men's fashion, embracing modern trends like slim-fitting suits, bold colours and athletic wear.

From his striped socks to his tan shoes, Trudeau has shown that he's not afraid of stepping out of the navy-black-charcoal palette typical of politicians.

But it's more than just what he wears, says Michael Nguyen, gen-



eral manager of Garrison Bespoke, a Toronto-based custom tailor. It's how he wears it.

Having grown up in the spotlight, Trudeau has an easy confidence that makes wearing a suit seem as comfortable as a jogging suit.

"You can't buy (that) with money," Nguyen said.

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1 Queen Elizabeth II with her grandchildren and great-grandchildren in the Green Drawing room at Windsor Castle in Windsor. 2 The U.K.'s Prince Charles, Queen Elizabeth II, the young Prince George, and Prince William, smiling during a photo shoot for the Royal Mail in 2015 in Buckingham Palace. A stamp sheet, made from the photograph, was released to celebrate the Queen's 90th birthday. 3 The Queen poses on the steps of the east terrace with four of her dogs in the garden of Windsor Castle. HANDOUT/AFP/GETTY IMAGES



MEDITERRANEAN Hundreds feared dead in shipwreck

Up to 500 people are feared dead after a shipwreck in the Mediterranean Sea last week, the UN refugee agency said Wednesday, citing the accounts of survivors.

The disaster happened in waters between Italy and Libya, based on accounts from 41 survivors who were rescued on April 16 by a merchant ship, UNHCR said. The agency said that if confirmed, it would be one of the deadliest tragedies on the Mediterranean in the last year.

The survivors said they had been among 100 to 200 people who left a town near Tobruk, Libya, on a smugglers' boat last week. The agency said Wednesday that "after sailing for several hours, the smugglers in charge of the boat attempted to transfer the passengers to a larger ship carrying hundreds of people in terribly overcrowded conditions."

"At one point during the transfer, the larger boat capsized and sank," UNHCR said in a statement, saying that its staff had visited the survivors at a local stadium in Kalamata, Greece, where they have been housed by authorities while they undergo "police procedures."

Barbara Molinaro, a Rome-based spokeswoman for UNHCR, said details remained unclear.

More than 1 million migrants and refugees crossed the Mediterranean last year—mostly refugees from war in Afghanistan, Iraq and Syria fleeing to Greece, and the European Union, via Turkey. However, the longer Libya-Italy route has traditionally seen more deaths. THE ASSOCIATED PRESS

The Queen through the years

ROYAL FAMILY

As Elizabeth II turns 90, here is a look at highs, lows of her reign

Queen Elizabeth II marks her 90th birthday on Thursday as Britons and many throughout the world celebrate her long and dignified reign. She will celebrate again in June with national events to mark her official birthday.

Here are answers to some questions about the queen's extraordinary life and times:

WHEN DID SHE BECOME

QUEEN?

Elizabeth's life was changed forever in 1936 when her uncle, King Edward VIII, abdicated so he could marry his divorced lover Wallis Simpson. This made her father the king and Elizabeth heir to the throne. King George VI's health failed, however, and he was too ill for a planned tour of the Commonwealth in 1952, so he sent Elizabeth and her husband, Prince Philip, in his place.

They were staying in a remote part of Kenya on Feb. 6, 1952, when she was told that the king had died. She became queen upon her father's death, although the coronation did not take place for more than a year.

HOW DID ELIZABETH WEATHER WORLD WAR II?

Elizabeth was a young princess during World War II, and her father King George VI was concerned for her safety as London came under German bombing raids known as The Blitz. She and her sister Princess Margaret were moved to Windsor Castle, 40 kilometres west of London for security reasons. She persuaded her parents to let her serve in the Auxiliary Transport Service, where she learned how to drive and repair ambulances and trucks.

HAS THE QUEEN EVER COMPLAINED IN PUBLIC?

No, that's just not done. The

closest Elizabeth has come to exhibiting human frailty to her subjects was in 1992, when she made a rare admission that her life, so picture perfect on the outside, was marred by the marital woes of three of her four children. She didn't complain in English, however, looking to Latin to proclaim it had been something of an "annus horribilis"—a horrible year that included a disastrous fire at her beloved Windsor Castle.

WHAT WAS THE LOW POINT OF HER MONARCHY?

This would undoubtedly be the stormy days that followed Princess Diana's sudden death in a car crash in August 1997.

The princess was tremendously popular, and many held the royal family responsible for her divorce from Prince Charles. The queen was castigated in the press for not returning to London immediately after Diana's death and for not flying the royal standard atop the palace at half-staff.

DOES THE QUEEN PLAN TO RETIRE?

The strong-willed queen has given no indication she plans to leave the throne, and has described her unique position as a "job for life." Her mother lived to be 101. Still, it is possible Elizabeth would step down if she developed severe problems.

THE ASSOCIATED PRESS

U.S. ELECTION

Clinton, Trump strengthen hand

Hillary Clinton, the nearly unstoppable Democrat, and Republican front-runner Donald Trump accelerated Wednesday toward upcoming primaries on an increasingly direct path to presidential nominations after trouncing party challengers in New York.

Clinton, now 81 per cent of the way toward clinching the Democratic nomination that eluded her eight years ago, can lose every remaining contest and still prevail.

Her sweeping victory in the New York primary called into question the durability of Bernie Sanders' rival campaign and left him with severely limited options for overtaking her.

While Trump strengthened his hand, he is still not in the clear.

Trump is focused heavily

+ NEW YORK

Clinton's win in New York, a state she represented in the Senate for eight years, halted Sanders' recent string of victories and put her in a stronger position heading into the next contests.

on clinching the Republican nomination through voters' balloting in state primaries, thus avoiding a contested national convention in Cleveland in July.

The businessman's win in his home state keeps him on a path to securing the 1,237 delegates he needs, though he'll have to perform well in the round of primaries in Pennsylvania, Maryland, Con-

necticut, Rhode Island and Delaware on Tuesday and in California's huge contest on June 7.

His chief rival, Texas Sen. Ted Cruz, has no mathematical path to getting the nomination through primary voting. But he sees a window to snatch the nomination from Trump at the convention, and his campaign is working feverishly to line up delegates who would support him if Trump fails to prevail on a first ballot.

The side-by-side Republican efforts at this late stage—with Trump amassing primary victories while Cruz digs for the support of delegates who could settle the nomination—are unprecedented in recent presidential campaigns and add to the deeply uncertain nature of the race.

THE ASSOCIATED PRESS

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Car industry drives into trouble

Mitsubishi Motors Corp. is not the first major automaker to run afoul of regulators. In fact, its admission that employees had intentionally falsified fuel mileage data for several vehicle models adds its name to a growing list of auto industry names whose brand has been tarnished.



Mitsubishi Motors Corp. admitted Wednesday that its employees had intentionally falsified fuel mileage data. ISTOCK

TAKATA CORP.

The issue: Airbags made by the Japanese parts supplier for Honda and 13 other global automakers are at risk of exploding when deployed, sending bits of metal shrapnel into drivers and passengers.

Nine fatalities and more than 100 injuries have been linked to the faulty airbags. That's out of 1.2 million airbag deployments over the same period. Affected vehicles are from model years 2002 to 2015.

The fallout: The auto industry's biggest-ever recall has spread to at least 25 million vehicles, including 1.2 million in Canada. For most Canadians, replacement parts won't be available until this fall. Takata said it's still investigating the cause of the malfunction.

VOLKSWAGEN GROUP

The issue: The German auto-

maker admitted in September 2015 that it had deliberately cheated emissions tests by programming pollution controls to turn on only under test conditions.

Under normal driving conditions, the vehicles were emitting 10 to 40 times the legal pollution limits, the U.S. Environmental Protection Agency estimated.

The fallout: The device was installed on 11 million cars worldwide, including some Audis and Porsches, for the model years 2009 to 2016. The company is working on a fix. Meanwhile, no additional models can be sold.

GENERAL MOTORS

The issue: A faulty ignition switch in its small cars spontaneously shut off, cutting power to the steering wheel and airbags. The scandal was compounded because it took the company nearly a decade to disclose the problem.

The fallout: In 2014, GM re-

called 2.6 million vehicles because of faulty ignition switches that were implicated in 124 deaths and 275 injuries, including some in Canada.

TOYOTA

The issue: Faulty gas pedals would suddenly accelerate out of control. The effect of the recall was immense to an auto company that had been noted for its high-quality products.

The fallout: The firm initially blamed floor mats. But in 2011, after 12 deaths were linked to the problem, Toyota recalled 10 million cars and redesigned the accelerator.

HYUNDAI/KIA

The issue: The automakers were accused by the U.S. Environmental Protection Agency in 2012 of overstating their fuel efficiency claims.

The fallout: Hyundai and Kia voluntarily lowered their fuel efficiency claims, prompting lawsuits from affected customers.

TORSTAR NEWS SERVICE

MALM DRESSE

Ikea reissues safety warning



Colin McNeil
Metro | Toronto

Ikea is again reminding customers of the importance of wall anchoring their assemble-it-yourself furniture after a U.S.

toddler's death. The reissued safety warning comes after a Malm dresser toppled over and killed 22-month-old Minnesota boy. The boy managed to tip the chest over onto himself.

Ikea says the chest was not properly anchored to the wall. Ikea issued the warning for the

first time last summer, after two young children died in separate incidents when Malm dressers fell on them.

Lawyers for the family of one of the children, a two-year-old boy from Pennsylvania, have launched a website calling for Ikea to issue a recall.



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EMMA TEITEL ON FEAR OF MISSING HOUSE

If you're young-ish and ready to settle down, the sight of your smiling peers on the lawns of their brand new homes may give the impression that your performance in life is lagging



FOMO — a.k.a. “Fear of Missing Out” — is a term usually reserved for Saturday nights when a person knows she should stay in and save her money, but she goes out and parts with it anyway, because the thought of abstaining from a great party fills her with more dread than the reality of her steadily climbing credit card bill.

But FOMO isn't something we usually associate with life's larger, vastly more serious decisions, and yet — according to a recent survey published by TD Canada Trust — this is exactly where its pull may be strongest.

According to the bank's survey, FOMO is not a term relegated to the realm of party-going; it's also ever-present in the world of big city Canadian real estate, where 19 per cent of Vancouver and Toronto homeowners listed Fear of Missing Out “as a top consideration before making their first home purchase.”

Says the survey, 20 per cent of respondents actually “rushed” the home-buying process to “avoid missing out on an opportunity,” as many feared that not purchasing immediately would result in an expensive and competitive bidding war — or that by waiting they'd end up spending more down the line if housing prices increased.

And — surprise, surprise — guess which demographic proved the most susceptible to homeowner FOMO? According to TD, “Ontario millennial homeowners (22 per cent) are more likely than Ontario Gen

X homeowners (12 per cent) and Ontario boomer homeowners (14 per cent) to have had FOMO before purchasing their first home.”

Why is this? Marc Kulak, associate vice-president of Real Estate Secured Lending at TD Canada Trust, chalks it up, in part, to a competitive market and possibly a lack of foresight and research.

“Potential buyers,” Kulak says, “should make it a goal to learn as much as possible about the mortgage rules and the commitment home ownership takes before (they get to the) open houses where that fear of missing out develops.”

But what if that fear develops long before prospective buyers fall in love with a home at an open house? What if it actually develops, as so much does, online?

It is quite common, after all, for regular people — not vain or typically show-boaty ones — to post their success and

happiness to social media.

And if you're young-ish and ready to settle down, the sight, via Facebook and Instagram, of your smiling peers on the lawns of their brand new homes may give the impression that your performance in money matters and in life at large is lagging and insufficient.

The result, you could say, is a digital keeping up with the Joneses.

But the truth is that things are rarely as they seem, says Toronto financial planner Shannon Lee Simmons.

“So much money moves behind the scenes from parents that nobody really talks about,” says Simmons.

“So a lot of the time people are buying houses they can't afford. And their friends then say, ‘Oh my God, I need to buy a home!’ But nobody talks about the fact that many of these people receive money from their families.” Or that

they may be taking on an enormous, crippling debt.

“I see the other side,” says Simmons. “I fully understand that I can't afford a home in Toronto. I'm priced out of this market, because I'm not going to get those gifts. But when you don't know the reality behind the situation, you can feel like crap about your own finances.”

To combat this crap-feeling and to challenge the illusions produced by a life exhaustively chronicled on social media, Simmons created a satirical Instagram account, The Real Selfies Project, in which she posts photos of nice things or experiences she has purchased (for example, a newly furnished living room, or a “fab dinner with the girls”), followed by photos of her receipts, detailing how much exactly those items cost.

And the reality — \$499 at Ikea and \$11 for a juice at a trendy café — does render a person's lifestyle less glamorous.

“Nobody posts (on Facebook) ‘Just bought a new home, got six figures from my family!’” Simmons says. “We don't post credit card bills with our photos of our vacations.” If we did, it's hard to believe FOMO would be a persuasive factor in anyone's major decisions.

Simmons' advice: Owning a home is great, but there's absolutely nothing wrong with renting.

“Don't get caught up in the hype,” she says. “Focus on what makes sense for you and only you and stop comparing yourself to other people.”

Because if Fear of Missing Out is a bad reason to go out on a Saturday night when you're late on your credit card bill, it's an infinitely worse reason to buy a house.

Emma Teitel is a national columnist for the Toronto Star.

ROSEMARY WESTWOOD

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THE MICROTREND: Men faking orgasms



Remember when Seinfeld's Kramer admitted to being an orgasm faker? Ha! Where do they come up with this stuff, right? Well ... Researchers at Université du Québec à Montréal recently asked 230 men aged 18-29 whether they had ever faked an orgasm. On average, the respondents reported having faked it in 25 per cent of encounters. Reasons given: Because they were drunk, because they wanted to impress partners, because, as the K-man himself once put it, “It's enough already and I just want to get some sleep.” (Sounds like what women might say.) And to what, pray tell, do the researchers ascribe this phenomenon? The patriarchy, of all things. In brief: Men expect themselves to have orgasms at will, and, by dint of their “prowess,” to be able to induce them. Hence a vicious cycle of gender-role-reinforcing subterfuge we weren't even fully aware of. SOURCE: COSMOPOLITAN

‘Nobody talks about the fact that many of these people receive money from their families’

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Bif bares her soul

MUSIC

Punk great launches tour for memoir and acoustic sound



Elisha Dacey
Metro | Winnipeg

One would expect a memoir by Canada's queen of punk to be more about heavy days of partying than facing breast cancer or embracing yoga.

But Bif Naked defies the stereotypes in her new memoir, *I, Bificus*, launched across the country Tuesday.

"I was encouraged for a long time by my manager Peter, who's been my manager for 25 years," says Bif, speaking to Metro from her home in Vancouver.

"I think after breast cancer, I had a heart surgery in 2012, just with my divorce (she married Vancouver sports writer Ian Walker), the stories kept coming up over the years.

"There's part of me that didn't want to write a book because I felt it was so, you know, the classic book of secrets. It was just so common, all these musicians were writing books. It was like everyone was aging out, so these books came to be."

The memoir takes the reader on Bif's journey from being adopted by American Missionaries from her teenage New Delhi parents, through her time in Winnipeg, her marriage and divorce, and delves into things

like her bisexuality and her parents' influence.

"I interviewed my parents. I really wanted to include them in the book and I wanted their life's work they were doing in the '60s and their missionary work. They're a huge influence."

Out of the book a tour has been born, one that features both her latest acoustic songs and excerpts from the book. "It's more like a play," she said. "The tour is called Songs and Stories, we'll be reading from the book and then playing some songs, some audience stuff."

That audience participation is why she chose smaller venues for the tour. "It just seems to work better. I like to have the audience participate a little bit," even though it can get cheeky, said Bif, noting she once had a guy moon his boss on stage.

A part-time motivational speaker, Bif said speaking to a crowd is much different from doing a reading.

"Reading, instead of speaking, is a lot — you know, I had to get glasses. I had to get glasses! F—! What am I go-

IN PERSON

The songs and stories tour dates:

- May 12 at the Venue in Vancouver
- May 13 at the Marquee in Calgary
- May 14 at The Needle in Edmonton
- May 16 at The Park Theatre in Winnipeg
- May 17 at Adelaide Hall in Toronto.

METRO

ing to do? So that's funny, I don't know how that's going to work."



PHOTO BY KAROLINA TUREK



JOHANNA SCHNELLER WHAT I'M WATCHING

Unbelievable insults from a young woman

THE SHOW: Doctor Foster, Season 1, Episode 5 (Lifetime/Netflix)

THE MOMENT: The Bitch Slap

Dr. Gemma Foster (Suranne Jones), who's 37, and her husband Simon (Bertie Carvel), who's 40, are having dinner at their neighbours, the Parks. The Parks don't know that their 23-year-old daughter Kate (Jodie Comer) is sleeping with Simon. They're about to find out.

Calmly, eating all the while,

Gemma drops bomb after bomb about Kate (who's seated beside her), and about Simon's business deal with Parks. "You're a bitch," Kate says.

"Bitch is right," Gemma replies. "And I'm a wolf tonight."

Kate stands to leave. Suddenly, she smacks Gemma on the back of the head. "You ancient f—king cow!" Kate cries.

If this show were a book, this is the moment I'd have thrown it across the room. A few episodes ago, I'd been intrigued. I

love Jones (Scott & Bailey), and to watch her think her way through an emotional thriller? Sign me up.

But soon alarm bells were sounding. Every woman here is treacherous; they're jealous of Gemma, or think she's a snob, or both. And this is the level of insight into why Simon cheated: "All men want to."

It was the word "ancient" that did me in, though. It wasn't the first time Kate called Gemma old, but it was the most ri-

diculous. I don't buy that a 23-year-old who's sleeping with a 40-year-old would call a 37-year-old — who looks like Jones — a hag.

If you're going to turn a domestic drama into *The Real Housewives of Small-Town England*, you've got to give me something better than that.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Every woman seems jealous of Dr. Gemma Foster, left.

CONTRIBUTED

Meet the Cali girl who talks back

AUTHOR INTERVIEW

Teen character in YA novel defends her queer family

Melita Kuburas
Metro | Canada



Anti-gay laws in North Carolina and Mississippi are all over the news on the day Mariko Tamaki and I speak in early April. Bruce Springsteen cancelled his show in Greensboro, North Carolina, scheduled for the previous night, and his stand "against prejudice and bigotry" is all over Facebook.

As legislation in these Republican-controlled Southern states encroaches on the rights of gay, lesbian, bisexual and transgender individuals in the U.S., stories of people being denied marriage licences and using the bathroom of their choice are becoming more common.

Tamaki tackles the subject of religion and sexuality in her new young adult book, *Saving Montgomery Sole*. The Canadian author says she sometimes can't even look at her news feed because of the flood of articles about people within the LGBT community being denied their rights.

"It's something that I really struggled with — this movement by a religious right to discriminate against and to curtail the rights of a group of people. I find it really hard to deal with. So I try to tap into that a little bit in this book," says Tamaki, who now lives in California.

Tamaki wanted to create a character who talks back — someone who is "intensely vocal" about discrimination

based on sexuality.

Her valiant heroine is Montgomery Sole, a high school student with a curiosity for retro experiments like backmasking, and ordering magic stones with special powers over the internet for her Mystery Club.

Unsurprisingly, Montgomery's style of oversize, stained clothing (hand-me-downs from one of her moms) and insatiable appetite for pizza, pancakes and avocados make her an outsider in Auntie, California, where everyone is obsessed with carb-free froyo. But the bullying escalates whenever the focus turns to her family — her lesbian moms and the fact that Montgomery and her younger sister, Tesla, were conceived from a sperm donor.

At Tesla's soccer game, when the moms go in for a smooch, a snotty teen sitting in the bleachers described as High Bun grouches: "Let's get out of here before they like, rape us." Monty is within earshot.

But it isn't until a religious preacher known on YouTube for his "The Reverend White vs. Gay Wedding" videos moves into town that things escalate for Monty.

As the reverend tries to impose his "save the American family" message on others, the consequences reverberate through the school. But Montgomery becomes even more frustrated when her own sister wants to start praying, going to church and mounts a cross on her bedroom door.

Tamaki wanted to present two different perspectives on religion in the book.

"Christianity is about community and love and forgiveness, but it's also got this other layer to it. I wanted to

try to blur all those things and also to explore conflict within a family where you have a situation like discrimination and how various people experience it and deal with," she says.

She's had her own positive experiences with religion and growing up in Toronto.

"It's not that I think that the experience of discrimination is across the board," she says. "So there's a variety of people who represent different perspectives and approaches in this book."

PREVIOUS WORK

Mariko Tamaki's last book, *This One Summer*, was in February pulled from school libraries in Florida for sexual content. Though the coming-of-age graphic novel was never meant for kids, it was awarded the Caldecott Honor, a prize for the 'most distinguished American picture book for children,' which may have caused confusion, the author says. "I don't think it's for kids but I don't think it's a book to be banned."

Tamaki happened to be in Florida at the time — amused by the dramatic TV news stories, she says she contemplated going to the districts herself.

What would she have done in response?

"I don't know, probably eaten an ice cream on the steps or something," she jokes.



Saving Montgomery Sole by Mariko Tamaki is out now. CONTRIBUTED





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'Local stranger' in a strange little town

BOOK REVIEWS

Sara Baume on 'using the materials of everyday life'

Sue Carter
For Metro Canada



Sara Baume was in her twenties, living in an apartment above a hair salon in a coastal Irish village, when the rescue dog first came into her life. She was feeling like an outsider and struggling with her career as a sculptor.

The dog had lost an eye in a badger-baiting fight — a vicious, illegal blood sport in which canines are pitted to the death against the feisty weasel-like mammals. Usually, injured animals are euthanized but for some unknown reason this dog survived, and found his way into a local shelter.

"I wanted to feel like I had done something good; that I could look after something, that something could rely

on me," says Baume. "So I got the most lost-cause dog I could find. No one wanted him. I wanted to feel like I'd rescued something that no one else wanted."

Baume's relationship with her dog became the inspiration for her debut novel, *Spill Simmer Falter Wither*, published in North America by HMH Books.

It's the heartbreaking but beautifully told story of a fifty-something-year-old man, who despite the fact that he grew up and has never left his small Irish town, is openly shunned and treated with suspicion by the community.

Still living in his childhood home, he is haunted by the memory of his abusive father and unable to emotionally connect with, let alone talk to, other humans.

He impulsively decides to adopt a mangy, one-eyed dog,

but when the animal is accused of biting a child, the man panics and the two make their escape.

"This is a guy who feels lonely because he feels watched in a way. He knows that everyone knows who he is, and can't put a foot wrong for something as simple as his dog biting someone without feeling demonized by the locals who have always been suspicious because he's not really one of them," says Baume, who believes that the character came out of her own feelings of being treated like a "local stranger."

The seaside village Baume captured in the book is modelled after the one in which she was residing, after a decade of living in Dublin. "When the tide went out it was just mudflats and there was a power station on one side and an oil refinery on

the other," she says.

"It was a strange, strange little town."

Despite its lack of beauty, Baume pulled details from the local landscape into the novel; observations she made while taking her dog out over the changing seasons.

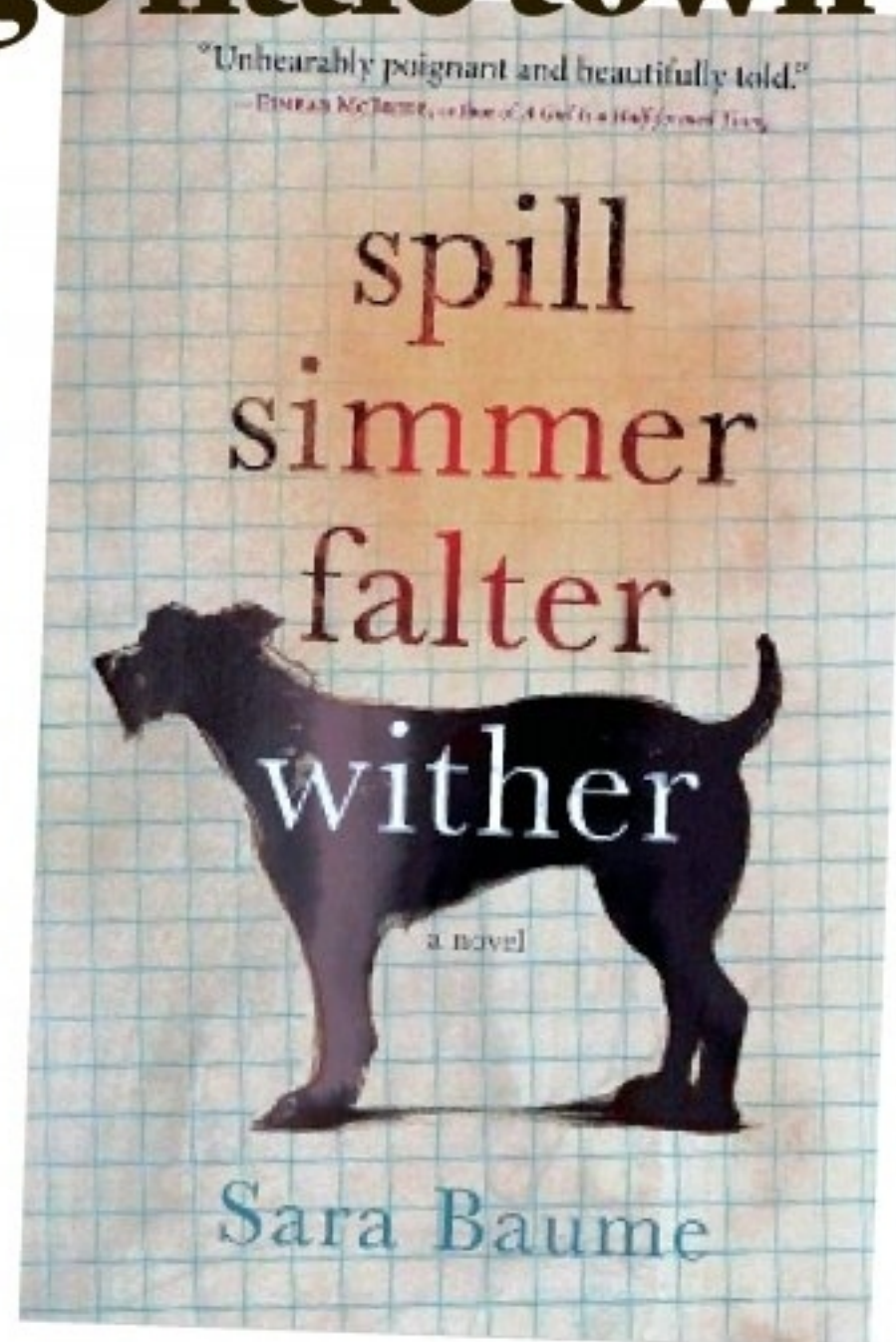
"It's not much of a walk because the dog is stopping all the time sniffing things," she says.

"I suppose it caused me to slow down and look at details of my surroundings and learn the names of the trees and the flowers and the seabirds."

Although *Spill Simmer Falter Wither* quickly established Baume as a novelist to watch — she won the 2015 Rooney Prize for Irish Literature given to emerging writers under the age of 40 — she still considers her writing as part of her broader artistic practice.

"In many ways I'm doing what I did as a sculptor," she says, "using the materials of everyday life, found objects and images, and piecing them together."

Sue Carter is the editor at Quill & Quire magazine.



In many ways I'm doing what I did as a sculptor.

Sara Baume

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THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

- 6 Meghan Trainor
No
- 5 Drake ft Wizkid and Kyla
One Dance
- 4 Rie Mae
Gold
- 3 Justin Bieber
Company
- 2 Zara Larsson ft MNEK
Never Forget You
- 1 Fifth Harmony ft Ty Dolla Sign
Work From Home



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TIP

Keep old containers — such as squeeze bottles, spray bottles and detergent bottles — to use for your own concoctions.

The stars of green cleaning are vinegar, household soap, bicarbonate of soda, lemon and essential oils. AFP

Some natural superstars for DIY green cleaning

ENVIRONMENT

Natural ways to keep your home looking its best

With Earth Day on April 22, you might be looking for a greener way to keep your home clean. As well as reducing exposure to synthetic chemical components, DIY products are great money-savers.

To get started making your own cleaning products, stock up on these five key ingredients: white vinegar, household soap, bicarbonate of soda, lemon and essential oils.

A multi-purpose cleaner

Keep it simple by mixing a multi-purpose cleaning product for tiled surfaces, laminate and melamine-finished surfaces, kettles, water jugs, etc. To a one litre bottle or container, add one tablespoon of bicarbonate of soda, one tablespoon of white

vinegar and one tablespoon of the essential oil of your choice (lavender, rosemary, lemon or lime). Top up with a litre of hot water to dissolve all the ingredients. Close the lid and give the bottle a good shake to mix.

Floor cleaner

Fill a bucket with 10 litres of water then add three tablespoons of liquid black soap and two tablespoons of soda crystals. Then add a dozen drops of tea tree essential oil and a few drops of lemon or orange essential oil to give the mix a pleasant scent.

Liquid dish soap

To make natural dishwashing liquid, fill an old dish soap bottle (thoroughly washed) with 60 centilitres (about 3 cups) of liquid household soap (Castile soap, Marseille soap, etc.). Then add 15 drops of lemon essential oil, six drops of lavender essential oil and five drops of bergamot essential oil, plus one teaspoon of bicarbonate of soda. Shake well.

Fridge cleanser

Lemon is nature's ultimate antibacterial and odour-fighting agent. This makes it ideal for cleaning inside fridges. To get the best out of its properties, mix two tablespoons of bicarbonate of soda with the juice of half a lemon and five drops of lemon essential oil into a bowl of warm water.

Dusting and polishing spray

Black soap is a much cheaper alternative to industrially made products for dusting furniture. To make a litre of product, add a knob of black soap and five drops of eucalyptus or grapefruit essential oil to a spray bottle and mix thoroughly.

Window cleaner

Vinegar is the product of choice for green windows cleaning with smear-free sparkle. To make a half litre of window cleaning spray, mix 400 ml of white vinegar with 100 ml of water, then add five drops of tea tree or orange essential oil. Pour the mix into a spray bottle. AFP

+ DETERGENT

Make your own 100 per cent natural laundry detergent:

- Buy a box of household soap flakes. To make two litres of detergent, heat a litre of water then add 100g of soap flakes and three tablespoons of bicarbonate of soda.

- Mix until the flakes have fully dissolved then leave the mixture to stand for at least an hour. Pour the liquid into a storage container, top up with a litre of lukewarm water, then add a few drops of essential oil.

- Shake well. If the product still seems too thick the next day, it can be diluted with a litre of water. Switch the bicarbonate of soda for soda crystals to make laundry detergent for colours.

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The Black Family Foundation Scotiabank

"The last word we heard is he's retired": Tony McGregor to Ireland's Independent newspaper on his son Conor's supposed retirement from UFC

'Glue guys' stick with data-driven Panthers

NHL

Tough guy Thornton valued as great selfless leader

The Florida Panthers heard the chuckling in late February when they re-signed 38-year-old forward Shawn Thornton for another season.

Thornton played less than nine minutes nightly in the regular season, scored one goal in 50 games and turns 39 this summer. But the Panthers, led by data-driven ownership from the world of Wall Street, place a high premium on "glue guys" like Thornton.

"He may play 30 games next year," Panthers co-owner Doug Cifu said in an interview, "but he's a guy, if he played five games, I'd want him on the road every night with our guys. If he played no games I'd want him on the road."

"I know the analytics guys probably chuckled when we signed him because I'm sure his Corsi and adjusted Corsi and all that stuff is not particularly favourable. But it's kind of like having a big brother in the



A lot of teams would write off a career enforcer like Shawn Thornton, left, and a 44-year-old like Jaromir Jagr ... but not the Panthers. TREVOR HAGAN/THE CANADIAN PRESS

locker-room who really can help mentor these young guys and teach them how to be professionals and teach them what it means to win and to sacrifice and to build a great team."

Cifu and Panthers principal owner Vincent Viola come from a world where data is king. They're leaders at Virtu Financial, a global electronic trading

firm based in New York.

Understanding and employing data is central to their business as is computer-driven technology, which has mostly replaced those wildly gesticulating human traders on Wall Street.

But even Virtu, where Cifu serves as CEO, sees value in "cultural glue," people who buy into and advance a team-first mentality.

Virtu is small compared to competitors, with about 150 employees. Cifu said the firm is able to compete by employing people who understand the "mission"

and know their role within the operation. Similarly, glue guys like Thornton play only a small role, but a role no less.

"I don't think we'd be at this point if we didn't have the older guys that have been in playoff runs and had successful seasons and won Stanley Cups," 23-year-old forward Nick Bjugstad said. "I think that's one of the most important parts, keeping us focused because we're young kids a lot of us."

"You've got to get a slap on the wrist every once in a while." THE CANADIAN PRESS

NHL PLAYOFFS

Anti-gay slur nets Shaw suspension

The NHL suspended Blackhawks forward Andrew Shaw for one game Wednesday for yelling an anti-gay slur from the penalty box and fined him \$5,000 for an inappropriate gesture toward the officials during Chicago's Game 4 loss at home to the St. Louis Blues.

Shaw will miss Game 5 in St. Louis on Thursday, and he will be required to undergo sensitivity training, according to the NHL announcement that came only hours after he quietly apologized for his outburst the previous night.

Shaw was sent off for interference at 17:56 of the third period, hurting Chicago's chance for a comeback in what ended up being a 4-3 loss that put the Stanley Cup champions on the



Andrew Shaw GETTY IMAGES

brink of elimination from the playoffs. While sitting in the box, Shaw pounded on the glass with his stick and then yelled at someone on the ice.

It was video of the incident that went viral on social media, prompting sharp criticism and an NHL investigation.

Shaw scored a goal and had two assists in the loss. THE ASSOCIATED PRESS

IN BRIEF

Syracuse legend dies at 52

Dwayne (Pearl) Washington, who went from New York City playground wonder to Big East star for Jim Boeheim at Syracuse, has died. He was 52.

Washington died Wednesday of cancer, the university said.

With his amazing ball-handling skills and an uncanny court sense, Washington was instrumental in helping create the aura of greatness the Big East Conference had during its heyday in the 1980s and 1990s.

THE ASSOCIATED PRESS

Hearing scheduled in Sharapova doping case

A disciplinary hearing has been scheduled in Maria Sharapova's doping case, with a ruling possible before Wimbledon starts.

International Tennis Federation president David Haggerty said Wednesday that its doping cases typically take "two to three months" to process.

Sharapova was provisionally suspended after announcing on March 8 that she tested positive for meldonium at the Australian Open in January.

THE ASSOCIATED PRESS

"If he was on Wall Street I would hire him. He cares a lot about the people around him."

Panthers co-owner Doug Cifu on Shawn Thornton

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RECIPE Tuna White Bean Salad



PHOTO: MAAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

We're the last people to jump on diet fads. Seriously. But if a person wanted to a low-carb dinner, this would be an excellent way to go.

Ready in
Prep time: 5 minutes
Cook time: 25 minutes

- Ingredients**
- 1 x 5 oz can of tuna
 - 1 x 15 oz can of cannellini beans
 - 1/4 cup red onion, diced fine
 - 4 or 5 radishes, thinly sliced
 - 8 or so cherry tomatoes, cut in half
 - 1 bunch of arugula, washed, dried and trimmed
 - 2 handfuls of fresh basil, washed, dried and trimmed
 - 3 Tbsp lemon juice
 - 2 Tbsp olive oil

• salt and pepper to taste

Directions

1. In a large-ish bowl, mix together the tuna, beans and onions.

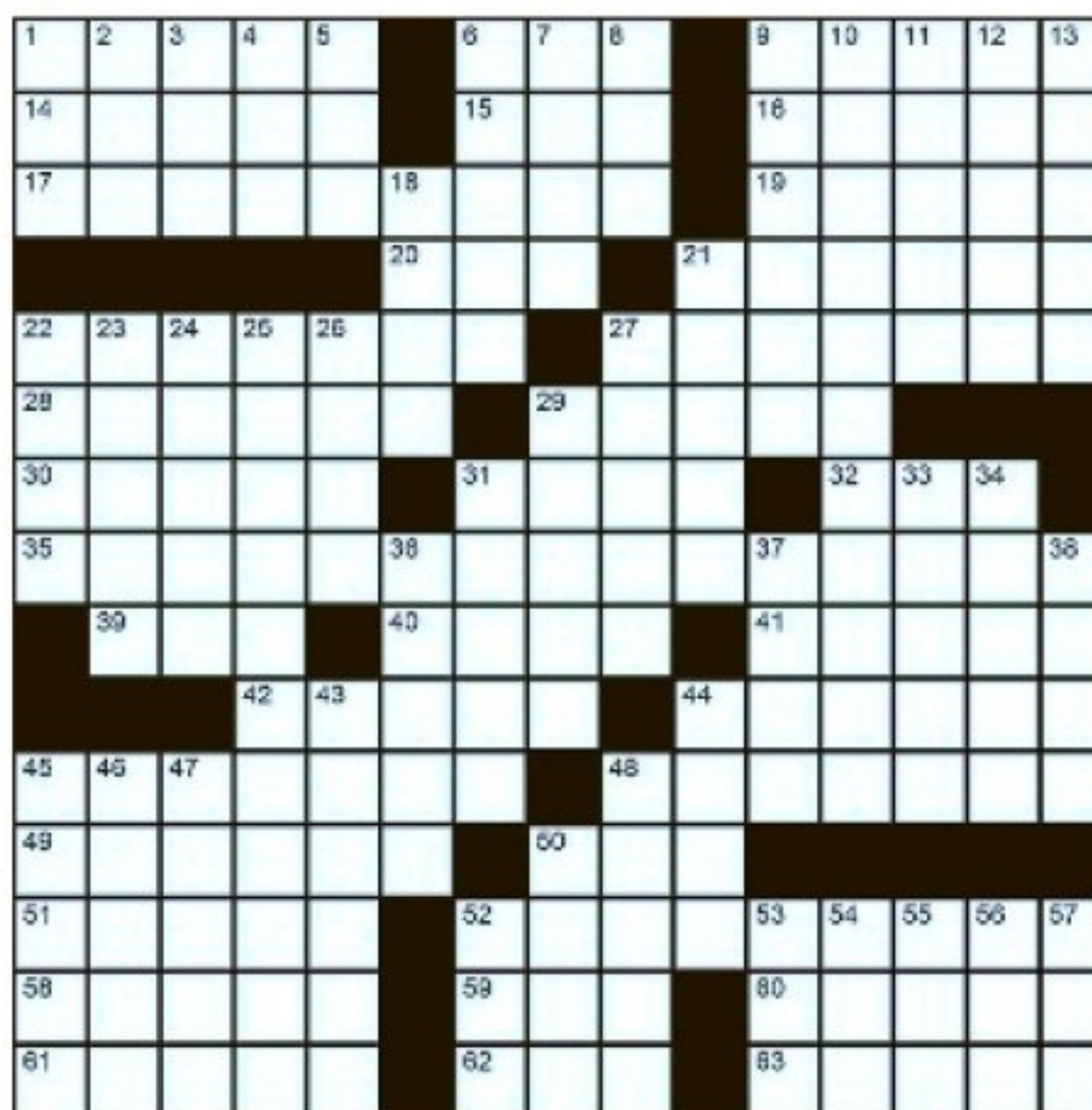
2. In a small bowl, whisk together the lemon juice and olive oil, pour it over your tuna and give a good mix. You don't want to lose all the texture of the tuna, so don't over do it. Taste it and see if you'd like some salt and pepper. Cover with cling film and chill for up to an hour. You can skip this step but it will enhance the flavour.

3. Now it's just an assembly job. You've got four plates. Lay out a handful of greens on each plate, a scoop of tuna deliciousness and then scatter tomatoes and radishes on top.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

- Curve
- Crunched muscles, commonly
- Alan and his actor father Robert
- Upper Fort __ (Historical site in Manitoba)
- Edgar Allan Who?
- "Montreal" singer Mr. Maida
- Journey all over
- Guitarist's prop
- Soaked
- Most certain
- White wine of France
- So Green! So Vast! Canada has many, many, many of these
- Stay
- Element with the symbol B in chemistry
- Run __ (Go wildly)
- __ vera
- Bien __, Vietnam
- The Toronto Raptors play on one: 2 wds.
- Clear
- Liturgical vestments
- Tweak
- Hall & __
- Actress Ms. Dahl
- Wall __ (House walls decorator)
- Song by Vancouver band 54-40: 2 wds.
- Puffy dessert
- Type or sort [abbr.]
- Dermatologists treat them
- Restaurant garnish as on a glass of Diet Pepsi: 2 wds.

DOWN

- Mork from Ork's spacecraft, __-shaped
- 'Bad'-mean-ing prefix
- Jake to Mag-gie, for short
- Globe
- X's spelled-out

- __ski
- Car trunk, in Britain
- Adjust
- Legendary conductor Mr. Toscanini (b.1867 - d.1957)
- Actress who plays Dr. Betty Rogers on

- CTV crime drama "Motive": 2 wds.
- Feeds
- Build __ (Construct, bird-style)
- Works by the Rockefeller Center muralist
- Double
- __-Tracy, Quebec

- Grouch
- Macho fellow
- Create cheer-ness
- Where Canadian astronaut Chris Hatfield was headed in the Spring of 2013 upon completing his International Space Station mission: 3 wds.
- Admire
- Tricks
- Spills the beans
- More capable
- Exterior
- Domain
- Spud
- Bread, e.g.
- Train, in Spain
- Comes about
- River to the Rhine [var. sp.]
- Topping on pasta
- Capital of Ghana
- SVP = S'il vous __
- "La __" by Ritchie Valens
- Feeling
- Rent
- Existed
- Ms. Longoria
- NBA's Mavericks, on scoreboards
- Canadian actor Mr. Bellows
- Cathedral city

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today's Full Moon very likely will bring financial issues to a head. Now you will have to decide whether it's time to hold or time to fold.

Taurus April 21 - May 21
Today the only Full Moon opposite your sign all year is taking place. That's why you might feel increased tension with partners and close friends. Patience is your best ally today.

Gemini May 22 - June 21
The Full Moon today might create tension with co-workers. Look beyond today's tension, and demonstrate grace under pressure.

Cancer June 22 - July 23
Of course, you feel the tension of today's Full Moon because the Moon is your ruler. Just go with the flow. This heightened emotional quality will be gone in 48 hours.

Leo July 24 - Aug. 23
Today you feel the classic tug-of-war between trying to keep home and family happy versus trying to keep your job and career happy. You can't do both. (This time, you can't ignore your job.)

Virgo Aug. 24 - Sept. 23
Be careful, because this is an accident-prone day due to the heightened Full Moon energy. Pay attention to everything you say and do.

Libra Sept. 24 - Oct. 23
Financial matters might come to a head because of the Full Moon today. Fortunately, after the Full Moon peaks, things will resolve themselves.

Scorpio Oct. 24 - Nov. 22
Today the only Full Moon in your sign all year is taking place. Do what you can to stay mellow. Be patient with close friends and partners.

Sagittarius Nov. 23 - Dec. 21
You have lots of energy with fiery Mars in your sign! Be careful, because today's Full Moon can create problems with others. Keep smiling, and be patient.

Capricorn Dec. 22 - Jan. 20
Issues with a group or perhaps with a personal friend might come to a head today. After the Full Moon peaks, you likely will bring things to a happy agreement.

Aquarius Jan. 21 - Feb. 19
Even though there are external demands on you today, you cannot ignore the demands of home. This feeling of being caught in a tug-of-war is due to the Full Moon today.

Pisces Feb. 20 - March 20
Do what you can to avoid accidents today, because the Full Moon energy is distracting. Stay focused and mindful of everything you say and do.

CONCEPTIS SUDOKU by Dave Green

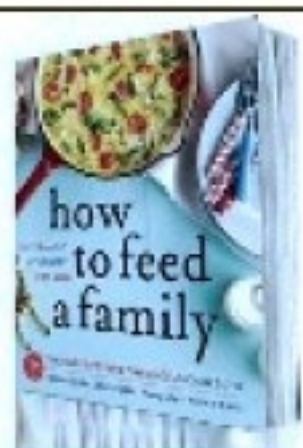
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